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**Subject: Bike safety/what to watch out for./Bezpieczna jazda na rowerze – na co należy zwracać szczególną uwagę.**

**Lesson objectives/Cele:**

- Students get acquainted with the possible dangers and obstacles when riding a bike./Uczniowie zapoznają się z czyhającymi na nich niebezpieczeństwami i przeszkodami na drodze.
- Students are aware of what to watch out for when riding a bike. /Uczniowie mają świadomość, czego należy się wystrzegać podczas jazdy na rowerze.

Warm up: Connect The Dots

*Connect the dots to see what every bicycle rider needs to watch out for.*



**Adopted from:** <http://www.nj.gov/transportation/commuter/bike/pdf/FUNBOOK.PDF>

**Class feedback:**

Students answer the question: What does every bicycle rider need to watch out for?

1. Before you read. Work in pairs.

Below are three road obstacles that can cause fall. Can you think any other road obstacles that might cause potential danger to the person riding a bike?



Obrazki wykorzystane ze strony Google, oznaczone do ponownego wykorzystania w celach niekomercyjnych.

**1. Read the text *Where to ride?* Fill in the missing words from the box.**

on the sidewalk                      a bike path  
how far                      big hills and road obstacles  
riders, walkers, and strollers  
cars and trucks                      walk your bike

***Where to ride?***

You need to check with your mom and dad about where you're allowed to ride your bike. You need to know \_\_\_\_\_ you're allowed to go and whether you should ride \_\_\_\_\_ or in the street. Kids younger than 10 years should ride on the sidewalk and avoid the street.

No matter where you ride, you need to keep an eye out for \_\_\_\_\_. Even if you're just riding on sidewalk, a car may pull out of its driveway into the path of your bike. If you're crossing a busy road, it's best to \_\_\_\_\_ across the street.

\_\_\_\_\_ free of cars is a great choice if there's one in your area. Just remember to share the path with the other \_\_\_\_\_ who also might be using it! And if you're going on a long ride, bring some water along with you.

Keep an eye on the road ahead so you can be prepared for \_\_\_\_\_. Some common ones that can cause falls include: wet leaves, big puddles, changes in the road or sidewalk surface, storm grates, gravel or rocks, curbs, little kids in your way!

2. Work in pairs. Compare your answers. Discuss the differences.
3. Students take turns to read the text out loud.
4. Work in groups of three/ four. Make three lists:
  - a. Possible dangers
  - b. Possible obstacles
  - c. What should you pay attention to while riding a bike?  
You're welcome to share any ideas of your own.
5. Students present their lists to the class.

### Teacher's notes:

#### Useful vocabulary to pre-teach

- wet leaves
- big puddles
- changes in the road
- uneven sidewalk surface
- storm grates
- gravel
- rocks
- curbs
- little kids in your way

Key:

#### Where to ride?

You need to check with your mom and dad about where you're allowed to ride your bike. You need to know how far you're allowed to go and whether you should ride on the sidewalk or in the street. Kids younger than 10 years should ride on the sidewalk and avoid the street.

No matter where you ride, you need to keep an eye out for cars and trucks. Even if you're just riding on sidewalk, a car may pull out of its driveway into the path of your bike. If you're crossing a busy road, it's best to walk your bike across the street.

A bike path free of cars is a great choice if there's one in your area. Just remember to share the path with the other riders, walkers, and strollers who also might be using it! And if you're going on a long ride, bring some water along with you.

Keep an eye on the road ahead so you can be prepared for big hills and road obstacles. Some common ones that can cause falls include: wet leaves, big puddles, changes in the road or sidewalk surface, storm grates, gravel or rocks, curbs, little kids in your way!

**Sources:/Źródła:**

The text taken from: [http://kidshealth.org/kid/watch/out/bike\\_safety.html](http://kidshealth.org/kid/watch/out/bike_safety.html) [data dostępu: 29.05.2015].

The picture taken from:

<http://www.nj.gov/transportation/commuter/bike/pdf/FUNBOOK.PDF> [data dostępu: 29.05.2015].

met leaves:/mokre liście:

Nokia Lumia 1020 – Autumn – Pavement Leaves (EXPLORED) | Flickr – Photo Sharing!

big puddles:/wielkie kałuże:

puddle hunting BW | Flickr – Photo Sharing [data dostępu: 29.05.2015].