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Subject: Bike safety – Road Rules./Bezpieczeństwo na rowerze – zasady bezpiecznej jazdy na rowerze.

Lesson Objectives:/Cele:

- Students get acquainted with the road rules that guarantee safety when riding a bike.
/Uczniowie zapoznają się z zasadami bezpiecznej jazdy na rowerze.
- Students discuss do's and don'ts for bike riding./Uczniowie analizują, co należy robić i czego robić nie należy, aby poruszać się bezpiecznie na rowerze.

Warm up: Word hunt

Find the words in the puzzle that are about bicycling.





| | | |
|-----------|------------|---------|
| Helmet | Brakes | Spokes |
| Reflector | Bicycle | Repair |
| Crosswalk | Route | Vehicle |
| Signal | Balance | Pedals |
| Safety | Ride | |
| Yield | Handlebars | |

Source : <http://www.nj.gov/transportation/commuter/bike/pdf/FUNBOOK.PDF>

Students read the words out loud.



1. What road rules do you follow when riding a bike?
2. What is forbidden when riding a bike?
3. Read the road rules below.

Road Rules

If you're allowed to ride on the street, follow these road rules:

- Always ride with your hands on the handlebars.
- Always stop and check for traffic in both directions when leaving your driveway, an alley, or a curb.
- Cross at intersections. When you pull out between parked cars, drivers can't see you coming.
- Walk your bike across busy intersections using the crosswalk and following traffic signals.
- Ride on the right-hand side of the street, so you travel in the same direction as cars do. **Never** ride against traffic.
- Use bike lanes or designated bike routes wherever you can.
- Don't ride too close to parked cars. Doors can open suddenly.
- Stop at all stop signs and obey traffic (red) lights just as cars do.
- Ride single-file on the street with friends.
- When passing other bikers or people on the street, always pass to their left side, and call out "On your left!" so they know that you are coming.

4. Pairwork. Decide what you should do when riding a bike (Do's) and what you mustn't do when biking (Don'ts). You are welcome to add ideas of your own.

|  DO'S |  DON'TS |
|---|---|
| | |
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5. Students read out their dos and don'ts to the rest of the group.

Source: kidshealth.org/kid/watch/out/bike_safety.html

Bibliografia:

1. <http://www.nj.gov/transportation/commuter/bike/pdf/FUNBOOK.PDF> [data dostępu: 29.05.2015].
2. kidshealth.org/kid/watch/out/bike_safety.html [data dostępu: 29.05.2015].